The most iconic Croatian hotel



Villa

N A I 3 . 3

Signature Spa Programmes





SPA & WELLNESS

- Spa treatments with unique products from our olives (paté) and olive oil
- Cutting-edge technology with traditional
 Balinese and Thai massages
- 23-meter-long outdoor infinity swimming pool with saltwater
- The indoor saltwater whirlpool
- Finnish sauna
- Gym, including a bench with weights,
 stationary bike, elliptical and yoga mats







UNIQUE POLYPHENOLS OLIVE OIL NAI 3.3 TREATMENTS AND EXPERIENCES

- Olive paté body wrap for detoxification and skin rejuvenation
- Morning meditation accompanied by olive leaf tea
- Lunch emphasizing Mediterranean diet principles based on our own award-winning olive oil (drinks excluded)
- Full-body olive oil massage focusing on relaxation and skin nourishment
- Evening olive leaf tea ceremony to foster relaxation or restorative yoga session

A DROP OF POLYPHENOL: 3-day programme

Day 1: Relaxation

Evening olive tea ceremony for relaxation

Chat with the head chef to go over healthy recipes and dinner afterwards

Indulge in our olive oil world massage

Day 2: Olive Oil Immersion

Morning detox olive leaf tea

Afternoon cold olive leaf tea

Embrace the technology massage with cold
plasma and olive paté

Day 3: Island exploration

Relaxing time near the swimming pool with smoothies and fruits

*Island of Gods massage**

Daily recommendations include olive leaf tea every morning and evening.

Salt whirlpool and Finish sauna before the massage with cold tea after.



A DROP OF POLYPHENOL – Pricing

Duration: 3 days

Price per person: 705,00 €

Additional available services:

Personal well-being online consultations with Dr. Stjepan Čurić to customize olive oil-based routines for home use highlighting its antioxidant properties (145.00 € per person)



A SIP OF POLYPHENOL: 5-day programme

Day 1: Relaxation

Evening olive tea ceremony for relaxation

Chat with the head chef to go over healthy recipes and dinner

afterwards

Indulge in our olive oil world massage

Day 2: Olive Oil Immersion

Morning detox olive leaf tea

Afternoon cold olive leaf tea

Embrace the technology massage with cold plasma and olive pate

Day 3: Deep dive into wellbeing

Full body olive oil massage with topic foot massage

Day 4: Island exploration

Relaxing time near the swimming pool with smoothies and fruits

Completeness 3.3 spa ritual

Day 5: Nature and nourishment

Olive oil tasting

Afternoon lunch

Island of Gods massage

Daily recommendations include olive leaf tea every morning and evening. Salt whirlpool and Finish sauna before the massage with cold tea after.

A SIP OF POLYPHENOL – Pricing

Duration: 5 days

Price per person: 1015,00 €

Additional available services:

Personal well-being online consultations with Dr. Stjepan Čurić to customize olive oil-based routines for home use highlighting its antioxidant properties (145.00 € per person)



A GLASS OF POLYPHENOL: 7-day itinerary

Day 1: Relaxation

Evening olive tea ceremony for relaxation

Chat with the head chef to go over healthy recipes and dinner

Indulge in our olive oil world massage

Day 2: Olive Oil Immersion

Morning detox olive leaf tea

Afternoon cold olive leaf tea

Embrace the technology massage with cold plasma and olive paté

Day 3: Nature and nourishment

Olive oil tasting

Afternoon lunch

Indulge in our olive oil world massage

Day 4: Detox and renewal

Guided tour of our olive mill with the owner, Mr. Morović

Detox yoga session

Day 5: Deep dive into wellbeing

Afternoon lunch

Skin rejouvination and nourishment treatment

Day 6: Island exploration

Relaxing time near the swimming pool with smoothies and fruits

Completeness 3.3 spa ritual

Day 7: Integration

Island of Gods massage

For all the participants of the programme Nai 3.3 bag as a gift

Daily recommendations include olive leaf tea every morning and evening.

Salt whirlpool and Finish sauna before the massage with cold tea after.



A GLASS OF POLYPHENOL – Pricing

Duration: 7 days

Price per person: 1515,00 €

Additional available services:

Personal well-being online consultations with Dr. Stjepan Čurić to customize olive oil-based routines for home use highlighting its antioxidant properties (145.00 € per person)



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Information and reservations

Villa

illa Mail: <u>reservation@villanai.com</u>

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