



Villa

N A I
3 . 3

| Spa



DOBRODOŠLI U NAŠ SPA

UTOČIŠTE OBLIKOVANO
PRIRODOM, OPLEMENJENO TRADICIJOM
I UZDIGNUTO INOVACIJOM.

Smješten unutar stoljetnih maslinika na Dugom otoku, Spa proizlazi iz istih temelja kao i samo imanje. Oslanja se na maslinu, na vrijeme i na način života oblikovan pažnjom i kontinuitetom.

Tretmani su osmišljeni isključivo za Villu Nai 3.3 i prate ritam proizvodnje maslinovog ulja. Preostali plod pretvara se u pâté, hranjivi element koji se koristi u našim prepoznatljivim tretmanima tijela, produžujući život masline izvan berbe i stola.

WELCOME TO OUR SPA

A SANCTUARY SHAPED BY NATURE,
REFINED BY TRADITION, AND ELEVATED
BY INNOVATION.

Set within centuries old olive groves on Dugi Otok, the Spa grows from the same foundations as the estate itself. It draws from the olive tree, from time, and from a way of living shaped by attention and continuity.

Treatments are created exclusively for Villa Nai 3.3 and follow the rhythm of olive oil production. The remaining fruit becomes olive pâté, a nutrient rich element used across our signature body rituals, extending the life of the olive beyond harvest and table.



TRETMANI S POTPISOM

3.3

60 minuta – 250.00 €

90 minuta – 370.00 €

Tri tretmana od 60 minuta – 640.00 €

Tri tretmana od 90 minuta – 940.00 €

Jedinstveni tretman tijela oslobađa napetost, obnavlja kožu i potiče duboko opuštanje. Temelji se na tri ključna elementa: magneziju za smanjenje mišićne napetosti, maslinovon pâtéu za intenzivnu hidrataciju i omekšavanje kože te hladnoj plazmi za regeneraciju kože i opuštanje zategnutih mišića.

Tretman započinje nanošenjem magnezijevog spreja, nastavlja se masažom cijelog tijela maslinovim uljem i maslinovim pâtéom, a završava primjenom hladne plazme koja potiče obnovu i pomlađivanje kože.

SIGNATURE TREATMENTS

3.3

60 minutes – 250.00 €

90 minutes – 370.00 €

Course of three 60-minute treatments – 640.00 €

Course of three 90-minute treatments – 940.00 €

Signature body treatment releases tension, rejuvenates the skin, and promotes relaxation. It has three key elements: Magnesium to ease muscle tension, Olive Pâté to hydrate and soften the skin, and Cold Plasma to regenerate and relieve tight muscles.

The treatment begins with a magnesium spray, followed by a slow full body massage using olive oil and olive pâté. It concludes with cold plasma application, supporting skin renewal and a sustained sense of calm.



TRETMANI S POTPISOM

3.3 MEDITERANSKI ELIKSIR

60 minuta – 200.00 €

90 minuta – 300.00 €

Tri tretmana od 60 minuta – 510.00 €

Tri tretmana od 90 minuta – 770.00 €

Naš najkorišteniji tretman – masaža cijelog tijela – započinje masažom hranjivim maslinovim uljem koje dubinski opušta tijelo i mišiće. Nakon masaže slijedi pâté od maslina koja se aplicira na tijelo i lice, ostavljajući kožu mekom, nahranjenom i vidljivo osvježenom.

Pâté se ostavlja da djeluje 10–15 minuta, kako bi koža u potpunosti upila njegove hranjive blagodati. Tretman završava osvježavajućim tuširanjem.

SIGNATURE TREATMENTS

3.3 MEDITERRANEAN ELIXIR

60 minutes – 200.00 €

90 minutes – 300.00 €

Course of three 60-minute treatments – 510.00 €

Course of three 90-minute treatments – 770.00 €

Our most commonly used skincare treatment, combined with a full-body massage, uses nourishing olive oil to relax both body and muscles. The treatment is followed by a soothing application of olive pâté on your body and face, leaving your skin feeling soft and rejuvenated.

Olive pâté is then applied to the body and face and left for 10 to 15 minutes, allowing the skin to absorb its nutrients. The treatment concludes with a refreshing shower.



TRETMANI S POTPISOM

NJEGA SUNCEM OPEČENE KOŽE

45 minuta – 110.00 €

Tretman je osmišljen za ublažavanje opekline od sunca nježnom masažom i umotavanjem tijela. Umirit će crvenilo i upalu kože, nahraniti je, ublažiti bol te pomoći koži da se oporavi i osjeća osvježeno.

SIGNATURE TREATMENTS

SUNBURN SOOTHING TREATMENT

45 minutes – 110.00 €

Treatment supports skin exposed to the sun through gentle massage and body wrapping. The skin is calmed and encouraged to recover naturally.



TRADICIONALNI TRETMANI

OTOK BOGOVA

60 minuta – 150.00 €

90 minuta – 200.00 €

Masaža cijelog tijela potiče s Balijsa, poznatog kao Otok Bogova. Jedinstvena tehnika kombiniranja aromaterapije s nježnim istezanjima, tajlandskom masažom i refleksologijom stimulira protok kisika u krvi. Kao rezultat tretman donosi osjećaj blagostanja, smirenosti i dubokog opuštanja.

TRADITIONAL TREATMENTS

ISLAND OF GODS

60 minutes – 150.00 €

90 minutes – 200.00 €

Originating from the Island of Bali, known as the Island of Gods, our full-body massage combines aromatherapy, gentle stretches, Thai massage, and reflexology to support circulation and physical balance. The treatment cultivates a clear sense of calm and physical ease.



TRADICIONALNI TRETMANI

AROMATSKI UŽITAK

60 minuta – 150.00 €

90 minuta – 200.00 €

Masaža cijelog tijela eteričnim uljem po izboru - ružmarin, jasmin ili lavanda - pruža ugodno iskustvo opuštanja. Nježni i čvršći pritisci izmjenjuju se kako bi se tijelo oslobodilo napetosti, dok mirisi eteričnih ulja smiruju um i potiču osjećaj unutarnjeg mira.

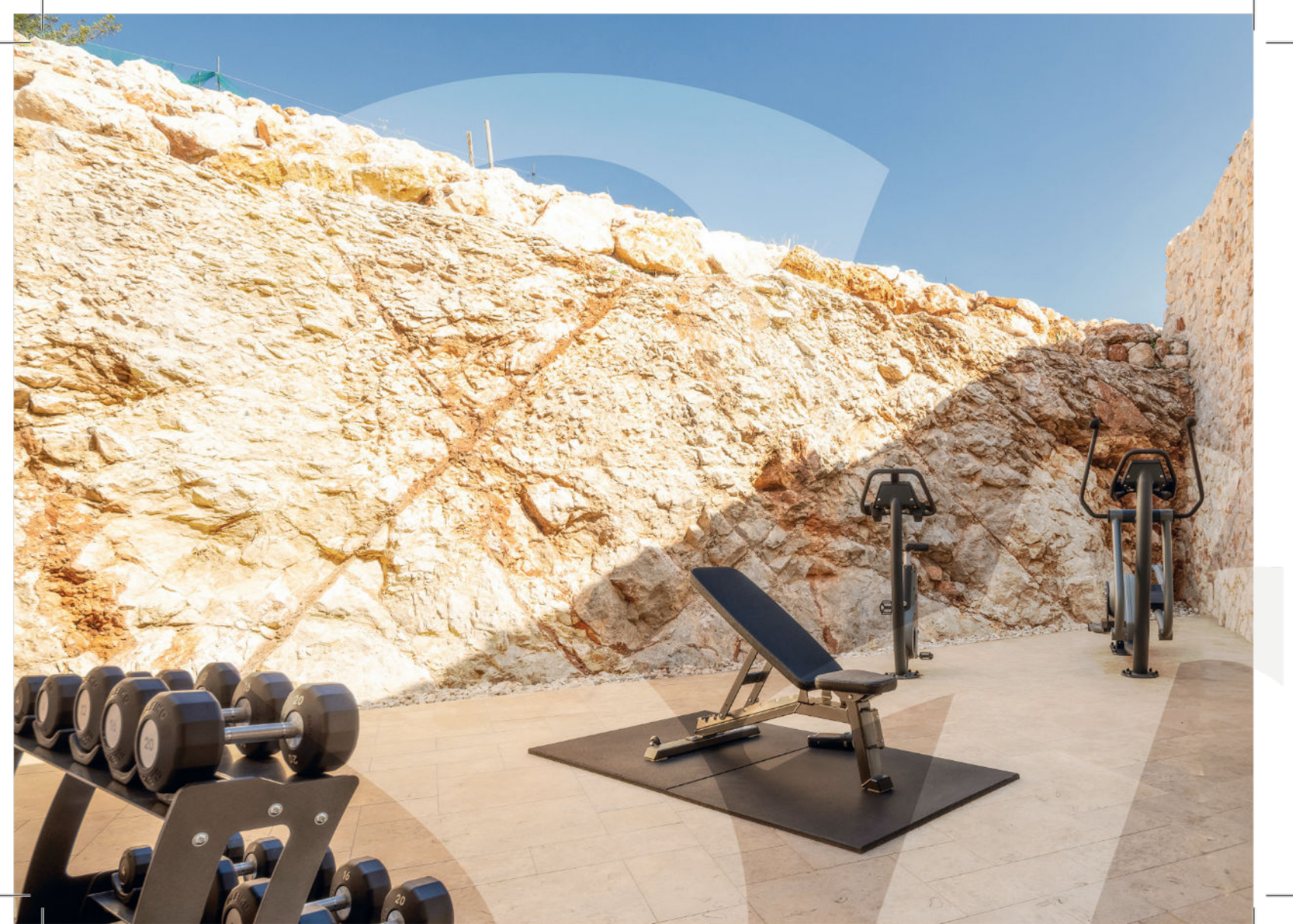
TRADITIONAL TREATMENTS

AROMATIC INDULGENCE

60 minutes – 150.00 €

90 minutes – 200.00 €

This full body massage uses essential oils of rosemary, jasmine, or lavender. Alternating gentle and firm pressure releases physical tension, while the selected aroma supports mental clarity and ease.



TRADICIONALNI TRETMANI

DUBINSKA OBNOVA MIŠIĆA

60 minuta – 150.00 €

90 minuta – 200.00 €

Dubinska masaža tkiva koristi se za liječenje mišićnih kontrakcija, naprezanja i ozljeda. Uključuje primjenu stalnog pritiska uz polagane, duboke pokrete koji djeluju na mišiće i vezivno tkivo. Pruža osjećaj općeg blagostanja i užitka.

TRADITIONAL TREATMENTS

DEEP MUSCLE RESTORATION

60 minutes – 150.00 €

90 minutes – 200.00 €

Deep tissue massage focuses on muscular tension and recovery. Sustained pressure and slow, deliberate movements work through deeper muscle layers and connective tissue.



TRADICIONALNI TRETMANI

MASAŽA STOPALA

60 minuta – 110.00 €

Masaža stopala poboljšava cirkulaciju, stimulira mišiće, smanjuje napetost i ublažava bol.

TRADITIONAL TREATMENTS

FOOT MASSAGE

60 minutes – 110.00 €

Foot massage improves circulation, stimulates muscles, supports relaxation and physical balance.



I VIŠE...

GRIJANI UNUTARNJI WHIRLPOOL
S MORSKOM VODOM

*

FINSKA SAUNA

*

TERETANA NA OTVORENOM

*

JOGA PODLOGA

*

PRIVATNI TENISKI TEREN

****Molimo vas da nas obavijestite jedan sat unaprijed kako bismo pripremili tenisko igralište.*

AND MORE...

HEATED INDOOR SEA WATER
WHIRLPOOL

*

FINNISH SAUNA

*

OUTDOOR GYM

*

YOGA MAT

*

PRIVATE TENNIS COURT

****Please notify us 1 hour in advance to prepare the tennis court.*

KUĆNI RED U SPA CENTRU

RADNO VRIJEME

SPA CENTAR OTVOREN JE SVAKODNEVNO
OD 12:00 DO 20:00.

Raniji termini ovise o raspoloživosti. Korištenje spa sadržaja moguće je od 7:00 do 21:00. Kupanje u bazenu zahtijeva kupaći kostim, a u mokrim prostorima koristite japanke. Obuća nije dopuštena u sauni.

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SAUNA I BAZEN

Za korištenje saune molimo da nas obavijestite najmanje 30 minuta unaprijed. Sauna je ograničena na najviše dva gosta po terminu.

Ne preporučuje se osobama s problemima srca, krvnog tlaka, trudnicama ili osobama sa ozbiljnim zdravstvenim tegobama.

POČETAK TRETMANA

Ljubazno molimo goste da dođu 15 minuta prije zakazanog termina tretmana.

REZERVACIJE

Za upite ili rezervacije spa tretmana, **molimo nazovite 900**. Preporučujemo da rezervaciju napravite unaprijed.

PRAVILA OTKAZIVANJA

Ljubazno molimo da sve promjene ili otkazivanja termina najavite **najmanje 24 sata unaprijed**. Tretmani koji nisu otkazani unutar tog roka bit će u cijelosti naplaćeni.

Djeca mlađa od 16 godina ne smiju koristiti saunu. djeca mogu koristiti bazen samo pod nadzorom roditelja.

SPA ETIQUETTE

OPENING HOURS

THE SPA IS OPEN DAILY
FROM **12:00** TO **20:00**.

Early appointment requests are subject to availability. Spa facilities are available from 7:00 to 21:00. Bathing suits are required in the pool, and flip-flops must be worn in wet areas. Footwear is not permitted in the sauna.

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SAUNA AND POOL

For sauna use, please inform us at least 30 minutes in advance. Sauna is limited to two guests per time slot.

Not recommended for people with heart issues, blood pressure problems, pregnancy, or serious health conditions.

PREPARATION FOR TREATMENT

Guests are kindly requested to arrive 15 minutes prior to their scheduled treatment.

BOOKING

For spa inquiries or reservations, **please dial 900**. Advance booking is highly recommended.

CANCELLATION POLICY

We kindly request **24 hours' notice** for any appointment changes or cancellations. Treatments not cancelled within this time will be charged in full.

Children under the age of 16 are not permitted to use the sauna. children may use the pool only under parental supervision.





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